

# Leinster Novice and Master's Road Championships

## Gowran - Monday 1<sup>st</sup> May, 2017

Event	Time	Distance
Master Ladies	12:00 pm	3km
Master Men	12:20 pm	6km
Novice Ladies	1:00 pm	3km
Novice Men	1:20 pm	6km

### Novice Teams

Novice Ladies	Club and County	4 to score
Novice Men	Club	4 to score
Novice Men	County	6 to score

### Master Teams

Master Ladies	Club and County	O35	3 to score
Master Ladies	Club and County	O50	3 to score
Master Men	Club and County	O35	4 to score
Master Men	Club and County	O50	3 to score

### Novice Athletes eligibility

- Must be nineteen years or over in year of competition.
- Cross Country and Road are treated as separate identities.
- "An athlete who has no individual medal 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup> from any Provincial or National Road Race"
- Junior athletes do not break their Novice status in any of above rules.

### Entry Fees

Ind.	€6	Club	€25	County	€25
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Entries via Athletics Ireland – link will be posted on Athletics Leinster website and facebook page as soon as it is available.

Please note you have the option to pay by cheque (choose entry option according to payment method). Cheque payments are to be forwarded to: Athletics Leinster Navan, Sports Development Project, Claremont Stadium, Navan, Co Meath (include note outlining the entries the cheque is payment for).

**Best of luck everyone – see you in Gowran.**